

Figure: 26 TAC §747.2104(b)

Type of Play	Amount of Time a Child May Engage in Activities
(1) A minimum of two daily opportunities for outdoor play, weather permitting, in which the child makes use of both small and large muscles	<p>(A) An infant birth through 12 months of age may engage in outdoor play for an amount of time as tolerated by the infant; and</p> <p>(B) An infant 13 months through 17 months of age, a toddler, or a pre-kindergarten age child must engage in outdoor play for a minimum of 60 total minutes daily.</p>
(2) Opportunities for active play that incorporate group and individual activities both indoors and outdoors	<p>(A) A toddler must engage in moderate to vigorous active play for a minimum of 60 minutes daily; and</p> <p>(B) A pre-kindergarten age child must engage in moderate to vigorous active play for a minimum of 90 minutes daily.</p>